

## ALLERGEN INFORMATION

**Guidance in seeking allergen information:** Please refer to the following allergen table in relation to any products you are ordering. Please refer to each individual component (breads, sauces and fillings) or the specific ingredients of your product to identify any possible allergens. Please contact a member of our team for any clarification on using the below information or the presence of any allergens in your order.

**Important notice:** Due to the environment in which our products are prepared we cannot guarantee against cross-contamination for any of the 14 allergens. Nuts, sesame seeds and wheat are used in large volumes and prepared on site. Any customer with severe allergies should

Reference guide for  
allergen table

Cereals (Gluten)		Nuts	
1	Wheat	7	Almond
2	Rye	8	Hazlenut
3	Barley	9	Walnut
4	Oat	10	Cashew
5	Spelt	11	Pecan
6	Kamut	12	Brasil
		13	Pistacho
		14	Macadamia

v :	Contains
MAY :	May Contain

## IN-STORE & TAKEAWAY MENU ALLERGEN INFORMATION

EST 1988 <b>ANDRÉS</b> FOOD BAR	CELERY	CEREALS CONTAINING GLUTEN**	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
<b>BREADS</b>														
White Baguette		1		MAY			MAY		MAY	MAY	MAY	MAY		
Multicereal Baguette		1,2,3,4		MAY			√		MAY	√	MAY	√		
Rustic Baguette		1,2,3		MAY			MAY		MAY	√	MAY	√	MAY	
Bagels (Plain)		1,2,3		MAY			√		MAY	MAY	MAY	√		
Rosemary Flatbread/Focacc		1		MAY			MAY		MAY	√	MAY	MAY		
Panini (Provencette)		1		MAY			√		MAY	√	MAY	MAY		
Seeded Panini		1		√			√		MAY	√	MAY	MAY		
Sliced Bread		1,3		MAY			√		MAY	√	MAY	MAY		
Butter Croissant (Large)		1		√			√		MAY	MAY	MAY	MAY	MAY	
Mini Croissant (Small)		1		√			√		MAY	MAY	MAY	MAY	MAY	
<b>SOUPS</b>														
Tomato & Basil		MAY		MAY			√		MAY	MAY	MAY	MAY		
Minestrone		1		MAY			MAY		MAY	MAY	MAY	MAY		
Tomato & Pancetta		1		MAY			√		MAY	MAY	MAY	MAY		
Thai Chicken		MAY		MAY			MAY		MAY	MAY	MAY	MAY		
Chicken & Sweetcorn		MAY		MAY			√		MAY	MAY	MAY	MAY		

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<b>FILLINGS</b>														
Garlic Chicken		MAY		MAY			MAY		MAY	MAY	MAY	MAY		✓
Pan Fried Chicken		MAY		MAY			MAY		MAY	MAY	MAY	MAY		✓
Bacon & Egg Mayo		MAY		✓			MAY		✓	MAY	MAY	MAY		✓
Bacon & Brie		MAY		MAY			✓		MAY	MAY	MAY	MAY		
Seafood		MAY	✓	✓	✓		MAY	✓	✓	MAY	MAY	MAY		✓
Tuna Nicoise		MAY	✓	✓	✓		MAY	✓	✓	MAY	MAY	MAY		✓
Chicken Ceasar		1		✓	✓		✓		✓	MAY	MAY	MAY		
Honey Ham		MAY		MAY			MAY		MAY	MAY	MAY	MAY		
Turkey	✓	MAY		✓			✓		✓	MAY	MAY	✓		
Roast Beef		MAY		✓			✓		✓	MAY	MAY	MAY		
Tuna Mayo		MAY	✓	✓	✓		MAY		✓	MAY	MAY	MAY		✓
Egg Mayo		MAY		✓			MAY		✓	MAY	MAY	MAY		✓
Beef Pastrami		MAY		MAY			MAY		MAY	MAY	MAY	MAY		
Chorizo		MAY		MAY			✓		MAY	MAY	MAY	MAY	✓	✓
Salami		MAY		MAY			MAY		MAY	MAY	MAY	MAY		
Cheese-slaw		MAY		✓			✓		✓	MAY	MAY	MAY		✓
Cheddar		MAY		MAY			✓		MAY	MAY	MAY	MAY		
Emmental		MAY		MAY			✓		MAY	MAY	MAY	MAY		
Brie		MAY		MAY			✓		MAY	MAY	MAY	MAY		
Mozzarella		MAY		MAY			✓		MAY	MAY	MAY	MAY		
Mexican Cheese		MAY		MAY			✓		MAY	MAY	MAY	MAY		
Vegetable Cous Cous	✓	1,3		MAY			✓		MAY	MAY	MAY	MAY		
Chickpea Falafel		1		MAY					MAY	MAY	MAY	MAY		

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<b>SAUCES</b>														
Mayonnaise		MAY		✓					✓	MAY	MAY	MAY		✓
Chilli Mayonnaise		MAY		✓					✓	MAY	MAY	MAY		✓
Seafood Sauce		MAY	MAY	✓					✓	MAY	MAY	MAY		✓
Salad Cream		MAY		✓					✓	MAY	MAY	MAY		
Caesar Dressing		3		✓	✓		✓		✓	MAY	MAY	MAY		
French Dressing/Vinegarette		MAY		MAY					✓	MAY	MAY	MAY		✓
Balsamic Glaze		MAY		MAY					MAY	MAY	MAY	MAY		✓
Horseradish Sauce		MAY		MAY					MAY	MAY	MAY	MAY		
Sriracha Sauce		MAY		MAY					MAY	MAY	MAY	MAY		
Cranberry Sauce		MAY		MAY					MAY	MAY	MAY	MAY		✓
Pesto		MAY		✓			✓		MAY	✓	✓	MAY		
Dijon Mustard		MAY		MAY					✓	MAY	MAY	MAY		✓
Tangy Tomato Chutney		3		MAY					MAY	MAY	MAY	MAY		
American Mustard		MAY		MAY					✓	MAY	MAY	MAY		✓
Tomato Ketchup	✓	MAY		MAY					MAY	MAY	MAY	MAY		
HP Sauce		1,2,3		MAY					MAY	MAY	MAY	MAY		
<b>SALAD &amp; TOPPINGS</b>														
Iceberg Lettuce		MAY		MAY					MAY	MAY	MAY	MAY		
Cucumber, Tomato		MAY		MAY					MAY	MAY	MAY	MAY		
Red Onion		MAY		MAY					MAY	MAY	MAY	MAY		
Roasted Red Peppers		MAY		MAY					MAY	MAY	MAY	MAY		
Black Olives		MAY		MAY					MAY	MAY	MAY	MAY		
Cournichons (mini gherkins)		MAY		MAY					MAY	MAY	MAY	MAY		
Sliced Burger Gherkin		MAY		MAY					✓	MAY	MAY	MAY		
Mini Capers		MAY		MAY					MAY	MAY	MAY	MAY		
Sweetcorn		MAY		MAY					MAY	MAY	MAY	MAY		
Sliced Jalapeno		MAY		MAY					MAY	MAY	MAY	MAY		
Croutons		1		MAY			MAY		MAY	MAY	MAY	MAY		✓

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<b>SPECIALS</b>														
Deli Rustic	✓	1,3		✓			✓		✓	MAY	MAY	✓		
Chorizo & Mozzarella Bagel	✓	1,3		MAY	✓		✓		MAY	10	MAY	✓		✓
New York Bagel	✓	1,3		MAY			✓		✓	MAY	MAY	✓		
Breakfast Bagel		1,3		MAY			✓		MAY	MAY	MAY	MAY		
Focaccia/Flatbread Specials	✓	1		✓	✓				✓	10	MAY	MAY		✓
Croque Monsieur	✓	1,3		MAY					✓	MAY	MAY	MAY		
Godfather Seeded Panini	✓	1		✓	✓		✓		MAY	10	✓	✓		✓
Pulled Pork Panini		1,2,3		MAY			✓		✓	✓	MAY	MAY		✓
Caesar Rustic		1,3		✓	✓		✓		✓	MAY	MAY	MAY		
Garlic Chicken & Slaw Rustic		1,3		✓			✓		✓	MAY	MAY	✓		
Brunch Rustic		1,3		✓			✓		✓	MAY	MAY	MAY		
Parisien Rustic		1,3		✓			✓		✓	✓	MAY	MAY		
Coronation Chicken Rustic	✓	1,3		✓			✓		✓	MAY	MAY	✓		
Spicy Beef Panini		1		MAY			✓		MAY	MAY	MAY	MAY		
Chickpea Falafel Baguette		1		MAY			MAY		MAY	MAY	MAY	MAY		
Vegetable Cous Cous	✓	1,3		MAY			MAY		MAY	MAY	MAY	MAY		

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<b>SAVOURY or HOT TREATS</b>														
Ham & Cheese Quiche		1		✓			✓		MAY	MAY	MAY	MAY		
Cheese & Onion Quiche		1		✓			✓		MAY	MAY	MAY	MAY	MAY	
Jalapeno Quiche		1		✓			✓		MAY	MAY	MAY	MAY	MAY	
Sausage Roll		1		✓			✓		MAY	MAY	MAY	MAY	MAY	
Ham & Cheese Baskets		1		✓			✓		MAY	MAY	MAY	MAY	MAY	
<b>SWEETS, TREATS &amp; NIBBLES</b>														
Chocolate Brownie		1		✓			✓		MAY	✓	✓	MAY	✓	
Millionaire's Shortbread		1		MAY			✓		MAY	✓	✓	MAY		
Cookies	✓	1		✓			✓		✓	✓	✓	✓	✓	
Blueberry Muffin		1		✓			✓		MAY	MAY	MAY	MAY	✓	✓
Lemon Donut		1		✓			✓		MAY	MAY	MAY	MAY		
Chocolate Straws		1		✓			✓		MAY	8	MAY	MAY	✓	
Bacon & Maple Donut		1		✓			✓		MAY	MAY	MAY	MAY	✓	
White Rocky Road Traybake		1		MAY			✓		MAY	7,8,13	MAY	MAY	✓	✓
Butter Croissant (Large)		1		✓			✓		MAY	✓	MAY	MAY	✓	
Pain au Chocolat		1		✓			✓		MAY	8	MAY	MAY	✓	
Pain aux Raisins		1		✓			✓		MAY	✓	MAY	MAY	✓	
Mini Croissant (Small)		1		✓			✓		MAY	✓	MAY	MAY	✓	
Raspberry Croissant		1,3		✓			✓		MAY	7,8	MAY	MAY	✓	
Boston Donut		1		✓			✓		MAY	8	MAY	MAY	✓	
Almond Croissant		1		✓			✓		MAY	7,8	MAY	MAY	MAY	
Caramel Donut Ring		1		MAY			✓		MAY	MAY	MAY	MAY	✓	
Coconut and Choc Donut		1		✓			✓		MAY	✓	MAY	MAY	✓	
Smartie Donut		1		✓			✓		MAY	MAY	MAY	MAY	MAY	
Honey & Rosemary Nuts		MAY		MAY			✓		MAY	✓	✓	MAY		
Wasabi Peas		MAY		MAY			MAY		MAY	MAY	MAY	MAY		
Smokehouse Nuts		1		✓			✓		✓	✓	✓	MAY	✓	
Chocolate Orange Donut		1		MAY			✓		MAY	MAY	MAY	MAY	✓	
White Choc Ring Donut		1		✓			✓		MAY	8,11	MAY	MAY	✓	
Blackcurrent Crumble Bake		4		MAY					MAY	MAY	MAY	MAY		
Vegan Caramel Brownie		4		MAY					MAY	MAY	MAY	MAY		

## BUFFET MENU ALLERGEN INFORMATION

EST 1988 <b>ANDRÉS</b> FOOD BAR	CELERY	CEREALS CONTAINING GLUTEN**	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
<b>Individual Packed Lunches</b>														
Classic Packed Lunch	✓	1	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
Signature Packed Lunch	✓	1	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
<b>Savoury Platters</b>														
Mini-Filled Baguette Platter	✓	1	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
Mini-Filled Croissant Platter	✓	1	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
Sandwich Platter	✓	1	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓
Home-made Quiche Platter		1,3		✓	✓		✓			MAY	MAY	MAY	✓	✓
Spanish Cured Meat Platter		1		MAY			✓			MAY	MAY	MAY	✓	
Crudité Selection	✓			✓			MAY		✓	MAY	MAY	✓		✓
Cocktail Sausage Roll Platter		1		✓			✓			MAY	MAY	MAY	✓	✓
Freshly Baked Bread Bowl		1,2,3,4		MAY			✓			MAY	MAY	✓		
<b>Sharing Salad Bowls</b>														
Chicken & Bacon Caesar		3		✓	✓		✓		✓	MAY	MAY	MAY		✓
Greek Salad		✓		✓			MAY		✓	MAY	MAY	MAY		✓
Mozzarella, Tomato & Basil				MAY			✓			MAY	MAY	MAY		✓
<b>Dessert &amp; Breakfast Platters</b>														
Mini-Chequerboard Platter		1		✓			✓			MAY	MAY	MAY		✓
Mini-Tray Bake Platter		1		✓			✓			7,11	MAY	MAY	✓	
Mini-Danish Platter		1		✓			✓			7,11,15	MAY	MAY		
Mini-Fruit Tartlets Platter		1		✓			✓			7,13	MAY	MAY	✓	
Rainbow Mixed Fruit Platter				MAY			MAY			MAY	MAY	MAY		
Cheese Board Platter				✓			✓			MAY	MAY	MAY		
Whole Cakes & Gateaux	Contact a member of our team to check allergens for each individual cake or gateaux													

If you are in any doubt in relation to the allergen details for any of our products, please consult a member of our team before ordering.